



## YOU ARE INVITED TO OUR MONTHLY North-South Potlyck

## Monthly Postgraduate Seminars – Join the North-South Potluck Team

We know doing a doctorate or a research masters is challenging, so we provide a collegial community to support you in your journey. The North-South Potluck Team provides an informal and safe space for you to talk about your research with fellow students, supervisors and people who have been through the process. We meet once a month usually 3rd Thursday of each month, alternating between Manukau and Akoranga. The evening is a couple of hours, starting at 5.30 pm with a shared meal (the 'potluck') and an opportunity to chat with other like-minded people. This is followed by whanaungatanga around the table, then a presentation and/or discussion on some topic of relevance and interest.

Everyone is at a different stage of the process. Over the last year students have shared their insights – and tips - on a range of topics, e.g. finalising the thesis for submission, or overcoming writer's block. Several students have practised their PGR9 seminar – this provides useful feedback for fine-tuning the PowerPoint slides, and practice in answering questions. Others have taken the opportunity to prepare for the oral exam, with experienced people role-playing the examiners. Throughout the year you can anticipate stimulating discussions on methodology, ethics, fieldwork, and other aspects of the research process. Importantly, you will have regular opportunities to share your own insights and ask questions in a supportive environment.

The AUT North Shore Potluck team has been running continuously since 2006 and AUT South Support Groups have run since 2014, offering a friendly and welcoming network to support you on your journey. Supervisors are also welcome – we encourage you to attend when your students are practising their PGR9 or oral examination.

If you would like to join us, simply email Michael on <u>rch1222@autuni.ac.nz</u> to get on the mailing list.